

A Woman's Secret Power - Her Spirituality!

By [Elayne Marchbanks](#)



Miriam Webster's dictionary has several definitions for 'secret'; *something that cannot be explained, something kept from the knowledge of others and something in a private place or manner*. But the definition I'm drawn to is that 'secret' is, *something taken to be necessary to gain a desired end*, such as the secret to long life.

It's empowering to recognize that your purpose on earth and your work can be one and the same and that the way to make that happen is guided and directed by your inner spirit. But where does this secret power of your inner spirit come from? It comes from inside you - where it was placed at your birth. God has not taken away the strength and beauty He gave you at birth. These gifts are buried within you, covered over by your attitudes and presumptions that prevent your inner spirit from guiding you to the abundant life that is your destiny.

THE ESSENCE OF YOU

As a woman taps into her *inner essence*, that is, who she is at the core level, her unique personality, values and deep desires, she becomes more powerful, and realizes that her secret power is in her spirituality.

Your *inner essence* is infinite and it includes all things. Your *outer essence* would include your physical body and your facial features and characteristics. The *inner essence* and your *outer essence* COMBINED make up the poetry through which you express your soul and therefore releases you to communicate who you are to others.

INNER ESSENCE

Your Venerability

Your Compassion

Your Humanity

Your Sophistication

Your Spirituality

OUTER ESSENCE

Your Strength

Your Creativity

Your Wit

Your Glamour

Your Intelligence

As a spiritually enlightened woman you'll know who you are, and why you are at a certain place in your life. You will know where you are going and how to get there. Why not allow your human spirit to line up with your Divine self, by acknowledging your own brilliance and capturing the secret power of your spirituality to obtain whom and what you want out of life.

Do you want to embrace the qualities that make you special and unique and use them as an asset? Elayne Marchbanks is an Empowerment Coach, and the author of YOU ARE THE ONE YOU'RE LOOKING FOR: Freedom from the Relationship Drama to an Empowered New You! <http://www.amazon.com/You-Are-One-Youre-Looking/dp/1449565824>. For information about me and more tips for claiming your empowerment, please visit my [Empowered Woman website!](#)